








Lent * Holy Week * Pascha - 2019



Saint John Orthodox Cathedral ~ Eagle River, Alaska

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MEATFARE	March 3 Matins 9am Liturgy 10am T:7 Sunday of the Last Judgment (Meatfare)	4 Meatfare-Week before Lent (Fast from meat, but animal products and fish may be eaten every day this week)	5 Clergy Meeting 7:30pm	6th Hour Prayers 12:30pm 6 St. John Family Night 6-8pm Vespers 8:15pm	Divine Liturgy 8:15am 7	8 School's Spring Break March 8-15	40 Martyrs of Sebaste 9 Great Vespers 7:15pm
	Matins 9am 10 Liturgy 10am T:8 Forgiveness Sunday (Cheese-fare) Daylight Savings Time begins 2am Forgiveness Sunday Vespers 6:15pm	"Clean Monday" 11 First Week of Lent (The Lenten Fast begins by fasting more strictly this week than the other weeks in Lent)	12 Compline & Canon of St. Andrew 7:15pm	13 Presanctified Liturgy 6:15pm Soup Supper	14 Compline & Canon of St. Andrew 7:15pm	15 Compline with Akathist Hymn 7:15pm	16 Great Vespers 7:15pm
2ND WEEK	Matins 9am 17 Liturgy 10am T:1 1st Sunday in Lent / Orthodox Sunday St. Innocent Cathedral 4pm "The Rite of Orthodoxy"	18 Great Compline 7:15pm	19 Compline & Canon of St. Andrew 7:15pm	6th Hour Prayers 12:30pm 20 Presanctified Liturgy 6:15pm Soup Supper	21 Compline & Canon of St. Andrew 7:15pm	6th Hour Prayers 12:30pm 22 Compline with Akathist Hymn 7:15pm	23 Great Vespers 7:15pm
3RD WEEK	Matins 9am 24 Liturgy 10am T:2 2nd Sunday of Lent St. Gregory Palamas Great Vespers 7:15pm	 Annunciation Vesperal Divine Liturgy 6:15pm	26 Parish Council 7:30pm	27 Presanctified Liturgy 6:15pm Soup Supper	28 Compline & Canon of St. Andrew 7:15pm	29 Compline with Akathist Hymn 7:15pm	30 Great Vespers 7:15pm
4TH WEEK	Matins 9am 31 Liturgy 10am T:3 3rd Sunday of Lent Sunday of the Cross	April 1 Great Compline 7:15pm	2 Compline & Canon of St. Andrew 7:15pm	6th Hour Prayers 12:30pm 3 Presanctified Liturgy 6:15pm Soup Supper	4 Compline & Canon of St. Andrew 7:15pm	6th Hour Prayers 12:30pm 5 Compline with Akathist Hymn 7:15pm	 Cathedral Spring Cleaning Day Great Vespers 7:15pm
5TH WEEK	Matins 9am 7 Liturgy 10am T:4 4th Sunday of Lent St. John of the Ladder	8 Great Compline 7:15pm	9 Compline & Canon of St. Andrew 7:15pm	6th Hour Prayers 12:30pm 10 Presanctified Liturgy 6:15pm Soup Supper	11 Little Compline and Reading of Life of Mary of Egypt 7:15pm	6th Hour Prayers 12:30pm 12 Compline with Akathist Hymn 7:15pm	 Men's Retreat Great Vespers 7:15pm
6TH WEEK	Matins 9am 14 Liturgy 10am T:5 5th Sunday of Lent St. Mary of Egypt	15 Great Compline 7:15pm	16 Clergy Meeting 7:30pm	6th Hour Prayers 12:30pm 17 Presanctified Liturgy 6:15pm Soup Supper	18 Compline & Canon of St. Andrew 7:15pm	6th Hour Prayers 12:30pm 19 Compline and Canon for St. Lazarus 7:15pm	20 Lazarus Saturday Divine Liturgy 9:15am with Baptisms Great Vespers 7:15pm
HOLY WEEK	 Palm Sunday "Bridegroom Matins" 7:15pm Confession Following	6th Hour Prayers 12:30pm 22 Holy Week "Bridegroom Matins" 7:15pm Confession Following	6th Hour Prayers 12:30pm 23 "Bridegroom Matins" 7:15pm Confession Following	6th Hour Prayers 12:30pm 24 Holy Unction 7:15pm	6th Hour Prayers 12:30pm 25 Vesperal Liturgy of St. Basil 6:15pm	6th Hour Prayers 12:30pm 26 Matins with 12 Gospels 7:15am Royal Hours 12:15pm, 3:15pm Great Vespers 6:15pm All Night Vigil	27 Matins with Procession 7:15am Vesperal Liturgy of St. Basil 4:15pm
	 PASCHA / EASTER Paschal Matins Divine Liturgy 4:15 am Agape Vespers 3:15pm	Bright Week Hours 12:30pm 29 Bright Week (No fasting this week or throughout the Paschal Season)	30 Bright Week	May 1 Paschal Vespers 7:15pm	2 Paschal Divine Liturgy 8:15am	Bright Week Hours 12:30pm 3	4 Great Vespers 7:15pm