

The Liturgical Year 2019-2020

Saint John Orthodox Cathedral ♦ Eagle River, Alaska

SERVICES		FEASTS	FASTS
<p>Nativity of the Mother of God Sep 7, 7:15pm – Great Vespers Sep 8, 10:00am – Divine Liturgy</p> <p>Elevation of the Cross Sep 13, 7:15pm – Great Vespers Sep 14, 9:15am – Divine Liturgy</p> <p>St. Sergius of Radonezh Sep 25, 12:15pm – Prayers at St. Sergius Chapel</p> <p>St. John the Evangelist Sep 26, 8:15am Divine Liturgy</p>	SEP/OCT	<p style="text-align: center;">September 1 - Beginning of the New Liturgical Year A Day to Pray for the Environment</p> <p>Sep 8* - THE NATIVITY OF MOTHER OF GOD (lv.12) Sep 14* - THE ELEVATION OF THE CROSS (lv.21)</p> <p>Sep 24 – Martyrs of Alaska (Juvenaly the priest martyr & Peter the Aleut martyr) Sep 25 – St. Sergius of Radonezh Sept 26 – The Falling-asleep of St. John the Evangelist Oct 6 – St. Innocent of Alaska (canonization)</p>	<p style="text-align: center;">Fasts Preceding Liturgies: Any day the Liturgy is celebrated in the morning a total fast from all food and drink is kept from midnight until after the Liturgy. For evening Liturgies, a total fast should be kept from noon until after the Liturgy.</p> <p style="text-align: center;">Wednesdays and Fridays</p> <p>Unless otherwise noted all Wednesdays and Fridays throughout the year are kept as fast days the same as a weekday during Lent.</p> <p style="text-align: center;">Sep 14 – The Elevation of the Cross</p> <p>This is a strict fast day and no food at all should be eaten until after the evening Liturgy, when a light, fasting meal is permitted. Oil and wine are permitted. (Note: When this Feast falls on Saturday or Sunday it is still a fast day kept in the same way as any Saturday or Sunday in Lent.)</p>
<p>Entrance of the Mother of God Nov 20, 6:15pm – Vespers Divine Liturgy</p>	NOV	<p style="text-align: center;"><i>Nov 2 – Commemoration of St. Raphael of Brooklyn (Sat. before Nov. 8)</i></p> <p>Nov 21* - THE ENTRANCE OF THE MOTHER OF GOD INTO THE TEMPLE (lv.25)</p>	<p style="text-align: center;">Nov 15 – Dec 24 – Advent Fast</p> <p>This fast is kept the same as Great Lent, except that fish, wine and oil may be eaten up to Dec. 20. On Dec. 20 begins the special “holy week” preceding Christmas when the fast should be strictened. (Although this fast traditionally begins on Nov 15, 40 days before Christmas, it is pastorally suggested that it may be kept most seriously beginning Dec. 1, when the liturgical texts for Advent begin to appear.)</p>
<p>Advent Services Dec. 5, 7:15pm – Great Vespers for St. Nicholas Dec. 12, 7:15pm – Akathist for St. Herman Dec. 19, 7:15pm – Great Vespers for St. Ignatius</p> <p>Christmas Services Dec 24, “Royal Hours” Dec 24, 7:15pm – Vespers Liturgy of St. Basil Dec 25, 9am – Matins 10am – Divine Liturgy of St. John Chy.</p>	DEC	<p>Dec 6 – St. Nicholas the Wonderworker of Myra Dec 13 – St. Herman of Alaska Dec 20 – St. Ignatius of Antioch Dec 20-24 – Forefeast of Christmas</p> <p>Dec 25* - CHRISTMAS: The Nativity of Our Lord Jesus Christ (lv 31)</p>	<p style="text-align: center;">Dec 24 – Christmas Eve</p> <p>This is a fast day, and no food at all should be eaten until after the evening Liturgy, when a light, fasting meal is permitted. (Note: When Christmas Eve falls on Saturday or Sunday it is not a strict fast day, but is kept as any weekday in Advent.)</p> <p style="text-align: center;">Dec 25 – Jan 4 – The Christmas Season</p> <p>No fasting.</p>
<p>Epiphany Services Jan 3, “Royal Hours” Jan 5, 6:15pm – Great Vespers Jan 6, 6:15pm – Great Blessing of Water and Divine Liturgy</p>	JAN	<p>Jan 1 – Circumcision of Our Lord Jesus Christ; St. Basil the Great Jan 2-5 – Forefeast of Epiphany</p> <p>Jan 6* - EPIPHANY OF OUR LORD JESUS CHRIST (lv. 14) <i>Jan 26 – Zacchaeus Sunday – 5 weeks before Lent</i></p>	<p style="text-align: center;">Jan 5 – Eve of Epiphany</p> <p>This is a fast day, and no food at all should be eaten until after the evening service, when a light, fasting meal is permitted. (Note: When Epiphany Eve falls on Saturday or Sunday it is not a strict fast day, but is kept as any weekday in Advent.)</p>
<p>The Meeting of Our Lord Feb 1, 7:15pm – Great Vespers Feb 2, 10 am – Divine Liturgy</p> <p>Saturday of Souls Feb 21, 7:15pm – Vespers Feb 22, 9:15am – Divine Liturgy</p>	FEB	<p>Feb 2* - THE PRESENTATION OF OUR LORD JESUS CHRIST IN THE TEMPLE (lv. 9, or Friday before Souls Saturday, whichever is first) <i>Feb 2 – Canaanite Woman – 4 weeks before Lent</i> <i>Feb 9 – Sunday of the Publican and the Pharisee – 3 weeks before Lent</i> <i>Feb 16 - Sunday of the Prodigal Son – 2 weeks before Lent</i> <i>Feb 22* - Saturday of Souls, Commemoration of the Departed – Saturday before “Meatfare”</i> <i>Feb 23 – Sunday of the Last Judgment (“Meatfare”) – 1 week before Lent begins</i> <i>Feb 27 – Repose of St. Raphael of Brooklyn (commemorated in November)</i></p>	<p style="text-align: center;"><i>Feb 10-14 – The Week following the Sunday of the Publican and the Pharisee</i> <i>No fasting this week</i></p> <p style="text-align: center;"><i>Feb 24-29 – Meatfare Week”</i> <i>Fasting from meat begins. Animal products permitted Wednesday and Friday of this week.</i></p>
<p>Special Lenten Services <i>Mar 1, 6:15pm – Forgiveness Sunday Vespers</i> <i>Mondays in Lent, 7:15pm – Great Compline</i> <i>Wednesdays in Lent, 6:15pm – Presanctified Liturgy</i> <i>Fridays in Lent, 7:15pm – Akathist to the Mother of God</i> <i>Sundays in Lent, 9am – Matins; 10am – Divine Liturgy of St. Basil the Great</i></p> <p>Special Lenten Services <i>Mar 8, TBA – Orthodoxy Sunday Vespers</i></p> <p>The Annunciation Mar 24, 7:15pm – Great Vespers Mar 25, 6:15pm – Vespers Divine Liturgy</p>	MAR	<p><i>Mar 1 – Forgiveness Sunday (“Cheesefare” Begin Lent) – 7 weeks before Easter, variable between Feb 15 and Mar 20</i> <i>Mar 8 – Orthodox Sunday (Pan-Orthodox Vespers) – 1st Sunday in Lent</i> <i>Mar 15 – Sunday of St. Gregory Palamas – 2nd Sunday in Lent</i> <i>Mar 22 – Sunday of the Holy Cross – 3rd Sunday in Lent</i></p> <p>Mar 25* - THE ANNUNCIATION OF THE MOTHER OF GOD (lv. 26) <i>Mar 29 – Sunday of St. John Climacus – 4th Sunday in Lent</i></p>	<p style="text-align: center;">Mar 2 – April 18 – Great Lent and Holy Week <i>Fast from meat, animal products, fish, wine and oil; and limit the number of meals and amount eaten.</i> <i>Monday, Tuesday and Thursday in the 1st week are strict fast days, which traditionally means a total abstinence from all foods. (Some attempt should be made to keep these days somehow more strictly.)</i> <i>Wednesday and Fridays a total fast should be kept from noon on, with an evening meal after the Presanctified Liturgy. (If no Presanctified Liturgy is celebrated on Friday, then the fast from noon on would not apply.)</i> <i>Saturdays and Sundays during Lent oil and wine are permitted and the number of meals is not as strictly limited.</i></p> <p style="text-align: center;">Mar 25 – The Annunciation <i>Fish, wine and oil are permitted.</i></p>
<p>Lazarus Saturday <i>April 11, 7:15pm - Compline</i> <i>April 11, 9:15am – Divine Liturgy of St. John</i></p> <p>Palm Sunday <i>April 11, 7:15pm – Great Vespers</i> <i>April 12, 9am – Matins / 10am – Divine Liturgy of St. John</i></p> <p>Holy Week Services See Special Sheet</p> <p>PASCHA / EASTER <i>April 19, 4:30am – Rush Procession, Matins, and Divine Liturgy</i> <i>3:15pm – Agape Vespers</i></p>	APR	<p><i>Apr 4 – Fifth Saturday in Lent, Akathist Hymn to the Mother of God</i> <i>Apr 5 – Sunday of St. Mary of Egypt – 5th Sunday in Lent</i> <i>Apr 11* - Lazarus Saturday-Saturday before Palm Sunday</i></p> <p>Apr 12* - PALM SUNDAY: Entry of Our Lord into Jerusalem – Sunday before Easter <i>Apr 13-18 * Holy Week – Week between Palm Sunday and Easter</i></p> <p>Apr 19* - PASCHA / EASTER: Resurrection of Our Lord – Variable between Apr 4 and May 8 <i>April 20- 25 – Bright Week – Week following Easter</i> <i>April 26 – St. Thomas Sunday – 1st Sunday after Pascha</i> <i>Apr 30 – St. James, the son of Zebedee and brother of St. John the Evangelist</i></p>	<p style="text-align: center;"><i>Apr 20-Apr 25 – Bright Week (& Paschal Season)</i> <i>During the Pascha season fasting is not required from Easter to Ascension. During the rest of the season from Ascension to Pentecost wine and oil are permitted on Wednesdays and Fridays.</i></p>
<p>Feast of St. John the Evangelist May 8, TBA</p> <p>The Ascension of Our Lord <i>May 28, 6:15pm – Vespers Divine Liturgy</i></p>	MAY	<p><i>May 3 – Sunday of the Myrrh Bearing Women – 2nd Sunday after Pascha</i> <i>May 7 – St. Alexis of Wilkes-Barre</i> May 8 - Feast of St. John the Evangelist – Commemoration of the Miracle at His Gravesite <i>May 10 – Sunday of the Paralytic – 3rd Sunday after Pascha</i> <i>May 13 – Mid-Pentecost – Wednesday half-way between Pascha and Pentecost</i> <i>May 17 – Sunday of the Samaritan Women – 4th Sunday after Pascha</i> <i>May 24 – Sunday of the Blind Man – 5th Sunday after Pascha</i></p> <p>May 28* - THE ASCENSION OF OUR LORD – Thursday, 40 days after Pascha / Easter <i>May 31 – Fathers of the 1st Ecumenical Council</i></p>	<p style="text-align: center;">Jun 8-13 – Pentecost Week <i>No fasting.</i></p> <p style="text-align: center;">The “Apostles’ Fast” <i>This fasting season varies in length because it extends from the Sunday following Pentecost up to the Feast of Saints Peter and Paul on June 29, from which it derives its name.</i></p>
<p>Special Pentecost Services <i>June 7, 6:15pm – Special Pentecost “Kneeling” Vespers</i></p> <p>Ss. Peter and Paul Jun 28, 6:15pm – Great Vespers Jun 29, 6:15pm – Divine Liturgy</p>	JUN/JUL	<p><i>Jun 6 – Saturday of Souls, Commemoration of the Departed – Saturday before Pentecost</i></p> <p>Jun 7 – PENTECOST: The Descent of the Holy Spirit – 50 days after Pascha / Easter <i>Jun 8-13 – Pentecost Week – Week following Pentecost, no fasting</i> <i>Jun 14 – All Saints Sunday – 1st Sunday after Pentecost</i> <i>Jun 24 – The Nativity of St. John the Baptist (lv. 25)</i> <i>Jun 21 – All Saints of North America Sunday – 2nd Sunday after Pentecost</i> Jun 29* - St. Peter and St. Paul (lv. 30) <i>Jul 26 – St. Yakov Netsvetov, Enlightener & Baptizer of the Native Peoples of Alaska</i></p>	<p style="text-align: center;">Jun 8-13 – Pentecost Week <i>No fasting.</i></p> <p style="text-align: center;">The “Apostles’ Fast” <i>This fasting season varies in length because it extends from the Sunday following Pentecost up to the Feast of Saints Peter and Paul on June 29, from which it derives its name.</i></p>
<p>The Transfiguration Aug 5, 7:15pm – Great Vespers Aug 6, 6:15pm – Divine Liturgy</p> <p>The Falling Asleep of the Mother of God August 14, 7:15pm – Great Vespers Aug 15, 9:15am – Divine Liturgy</p> <p>Beheading of St. John the Baptist Aug 28, 7:15pm – Great Vespers Aug 29, 9:15am – Divine Liturgy</p>	AUG	<p>Aug 6* – THE TRANSFIGURATION OF OUR LORD (lv. 13) <i>Aug 9 – St. Herman of Alaska, Anniversary of Canonization (Pilgrimage to Spruce Island, Aug 7-9)</i></p> <p>Aug 15* – THE FALLING-ASLEEP OF THE MOTHER OF GOD (lv. 23)</p> <p>Aug 29* – The Beheading of St. John the Baptist (lv. 30)</p>	<p style="text-align: center;">Aug 1-14 – The “Dormition” Fast</p> <p>This fast is kept the same as Great Lent, except that fish, wine, and oil may be eaten on Aug 6, the Feast of the Transfiguration. Liturgy on the 15th ends the fast.</p> <p style="text-align: center;">Aug 29 – The Beheading of John the Baptist</p> <p>This day is traditionally kept as a strict fast day in honor and memory of John the Baptist. No food at all should be eaten until after the evening Liturgy, when a light fasting meal is permitted. Oil and wine are permitted. (Note: When this Feast falls on Saturday or Sunday it is still a fast day kept in the same way as any Saturday or Sunday in Lent. Also, in some places it has become the custom not to eat on plates on this day.)</p>

Key: ALL CAPS = Great Feast * = Special Divine Liturgy *Italics* = Movable Feast Smaller Type = Secondary Feast Days (lv.) = Leavetaking of Feast

REGULAR SERVICES: Saturday, 7:15pm – Great Vespers ♦ Sunday, 9am – Matins / Orthos ♦ Sunday, 10am – Divine Liturgy

Wednesday, Friday School Days – 6th Hr. Prayers at 12:15pm; Wednesday 7:15pm – Paraklesis Service or Daily Vespers.

Thursday, 8:15am During School Year – Divine Liturgy